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Media release

Nilgiri's Ajoy Joshi opens the secrets of his homeland on an authentic Indian Cuisine Tour

Travel to India **with Ausindia Holidays** and Nilgiri's Ajoy Joshi on an authentic tour along the Malabar. Nothing can compare travelling to India with a local. Joshi will light up the true India from Mumbai to Kovalam via Goa and Thekkady. This is a once in a life time trip to discover the true cuisine and culture of India.

Joshi who has been on the restaurant scene since 1988. His passion for food took him into the kitchens of the luxury Taj Hotels to Australia to gain an audience with his all time hero. While he missed his chance to meet Bradman, Australia proved a seductive place to settle. Joshi was involved in a number of successful restaurants before opening the original Nilgiri's, in 1996. He has launched a range of Indian food products for the home and written two books, including one on Indian home cooking.

India displays a tantalising diversity in its cuisine, languages, religions, cultures and traditions, from the snow-capped North to the sub-tropical South. The cuisine as seen today has evolved over the centuries and has its roots in humble households in the different parts of India. The traditional recipes were handed down from generation to generation, and never recorded, for the fear of giving away the 'secrets' of the techniques involved, in what seems to the uninitiated, a complex puzzle.

Learn these secrets from Ajoy as he hosts you in five star luxury from the sumptuous Taj hotels **through to authentic spice plantation, mouth watering dining and must see sightseeing.**

Joshi's A journey along the Malabar is one of four cuisine itineraries recently created by Ausindia Holidays. Departing on November 1 for 15 days, prices start at \$xxx including flights with Singapore Airlines, transfers, meals, five star accommodation, site seeing and the company of Ajoy Joshi.

For more information contact Ausindia Holidays on 1300 INDIA or visit www.ausindiaholidays.com.au